

## GENERAL

UNITED WAY FIRST CALL FOR HELP tel: 211  
Web: [www.211unitedway.org](http://www.211unitedway.org) Provides information about and referrals to human services for every day needs and in times of crisis

RAMSEY COUNTY CRISIS MANAGEMENT / ASSISTANCE  
tel: (651) 266-7900 Provides mental health/ psychiatric help 24 hours a day, 7 days a week (on-call)

WALK-IN COUNSELING CENTER tel: (612) 870-0565  
Web: [www.walkin.org](http://www.walkin.org) Address: 2421 Chicago Avenue  
Minneapolis, MN 55404

## ALCOHOL AND OTHER DRUG RESOURCES

AA INTERGROUP tel: (651) 227-5502  
Web: [www.aastpaul.org](http://www.aastpaul.org) Provides dates, times and places for AA meetings in the area for those who have a desire to stop drinking or using

ALANON and ALATEEN INTERGROUP tel: (651) 771-2208  
Web: [www.minnesotanorth-al-anon.org](http://www.minnesotanorth-al-anon.org) Provides dates, times and places for alanon and alateen meetings in the area for families and friends of alcoholics and addicts

SUMMIT HILL AA GROUP and ALANON GROUP meet every Monday evening at 6:00 pm at House of Hope Church

HAZELDEN TREATMENT CENTER tel: 1-800-257-7800  
Web: [www.hazelden.org](http://www.hazelden.org) Primary care, extended care, outpatient services and youth facilities for treatment of alcohol and drug addiction

FAIRVIEW RECOVERY SERVICES  
Web: [www.fairview.org](http://www.fairview.org) and click on Services. Outpatient Chemical Dependency, Gambling & Mental Health Services telephone number (612) 672-2736. Detox, Mental Health Crisis and Inpatient services 612-672-6600. Offers a full range of chemical dependency and mental health programs.

THE RETREAT AT WAYZATA tel: (952) 476-0566  
Web: [www.theretreat.org](http://www.theretreat.org) Offers an immersion in the 12 Steps of alcoholics anonymous in an ideal setting for reflection and personal recovery

RAMSEY COUNTY DETOX CENTER tel: (651) 266-4009  
Web: Ramsey County Chemical Dependency Services  
[www.co.ramsey.mn.us/hs/mhc/ChemicalDependencyServices.asp](http://www.co.ramsey.mn.us/hs/mhc/ChemicalDependencyServices.asp)  
A secure 50-bed facility provides up to 72 hours for detoxification from alcohol or chemicals

MINNESOTA RECOVERY Web: [www.minnesotarecovery.info](http://www.minnesotarecovery.info)  
A directory of resources for recovery from chemical addiction in Minnesota.

## EATING DISORDERS RESOURCES

EATING DISORDERS INSTITUTE tel: (952) 993-6200  
Web: [www.parknicollet.com/edu](http://www.parknicollet.com/edu) Provides assessment and inpatient, partial inpatient, outpatient and residential care for treatment of eating disorders.

OVEREATERS ANONYMOUS tel: (612) 377-1600  
Web: [www overeaters.org](http://www overeaters.org) Provides dates, times and places of meetings and information regarding this compulsion

## GAMBLING RESOURCES

GAMBLERS ANONYMOUS tel: (888) 424-3577  
Web: [www.gamblersanonymous.org](http://www.gamblersanonymous.org) Provides information for treatment and 12-step meetings

## SEXUAL BEHAVIOR RESOURCES

COSA tel: (763) 537-6904  
Web: [www.cosa-recovery.org](http://www.cosa-recovery.org) 12 Step anonymous recovery program for people whose lives have been affected by compulsive sexual behaviors; provides meeting and program information

SEX ADDICTS ANONYMOUS (SSA) tel: (651) 646-1970  
Web: [www.sexaa.org](http://www.sexaa.org) 12 Step anonymous fellowships supporting recovery from compulsive and addictive sexual behaviors; provides meeting and program information

RECOVERING COUPLES ANONYMOUS (RCA)  
tel: (612) 869-3866 Web: [www.recovering-couples.org](http://www.recovering-couples.org)  
Provides 12 Step fellowship for couples recovering from any addiction

STOP IT NOW! MINNESOTA Helpline - 1-888-PREVENT  
Web: [www.stopitnow.org](http://www.stopitnow.org) business office - (651) 644-8515  
A public health campaign to prevent child sexual abuse before a child is harmed and before an adult, youth, or child acts in a sexually inappropriate way towards a child. The Stop It Now! helpline available for individuals and families to call for support and access to resources in a confidential setting.

## DEBT RESOURCES

DEBTORS ANONYMOUS tel: (952) 953-8438  
Web: <http://www.debtorsanonymous.org> A 12 Step program for those who desire to stop incurring unsecured debt; provides meeting information



*Faith Partners*

**House of Hope Faith Partners**  
2009-2010

A ministry where *faith* and *recovery* combine  
to help people affected by addiction

THE HOUSE OF HOPE PRESBYTERIAN CHURCH



## REMOVING THE VEIL OF SECRECY

Six years ago in 2004, our Faith Partners ministry was created at House of Hope Church. It was a courageous act by our church leadership and volunteers, based upon what our congregation told us.

You said that you wanted to learn more about the dangers of addiction and the promise of recovery. You told us you were most concerned about alcohol and drug abuse, compulsive overeating, overwork and destructive gambling habits.

In so many words, you said, "Let us take the veil of secrecy away. Let's move the issue of addiction from the church basement to the church sanctuary. Let's throw out the 'no-talk' rule."

Since then, our Faith Partners Ministry has been led by more than a dozen House of Hope parishioners who are energetic, committed and caring people. In most cases, they are either recovering from addiction themselves or they love someone who has struggled with addiction.

Faith Partners focuses its efforts on providing educational programs, resource information and outreach and support to people affected by addiction in our church and in our neighboring community. We recognize that addiction can take many forms. At its heart, addiction involves a destructive relationship. It can be a destructive relationship with a substance, with an activity, even with a person.

Over the past six years, we've been active:

- At our annual Recovery Sunday celebration, we have welcomed nationally-known speakers including authors William Cope Moyers, Karen Casey and Rev. James Nelson – all with a personal connection to addiction and recovery.
- In our enrichment programs, we have covered topics including meth addiction, gambling, youth and addiction, compulsive overeating, Internet pornography, the effects of depression and addiction, how major life transitions can trigger abuse of substances or activities, and perspectives from family members

affected by addiction.

- Our Faith Partners team members have authored monthly essays about addiction and recovery in the House of Hope Anchor newsletter.
- We have stocked the church library with helpful books and pamphlets on the subject.
- We have worked with our pastoral staff to be better prepared to work with congregation members and families struggling with addiction. Our team members are available to offer support and help, as well.

The members of our Faith Partners ministry know that addiction is a "democratic disease." It can affect anyone. But recovery is also real and lives can be restored.

## FAITH PARTNERS MISSION

The House of Hope Faith Partners Ministry will serve the needs of our congregation and the broader community by addressing addiction in our midst. We will provide educational programs, resource information, outreach and support to people affected by addiction.

As members of the House of Hope Faith Partners team, we will be informed and active, always advocating for compassion, understanding and a safe, open setting in which to serve.

## THE HOUSE OF HOPE FAITH PARTNERS TEAM

Chair: Susan Koll	Jean McCahey
Dennis Anderson	Cate Murphy
Jan Favorite	Mary Cardinal Peterson
Carey Favorite	Carol Pine
Tom Forster-Smith	Kelli Porthan
Debbie Jones	Kris Stenson
Susan Koll	Nancy Stephan
Larry Koll	Don Vandenberg
Maren Mahowald	Doug Wakefield

The House of Hope Presbyterian Church  
797 Summit Avenue  
St. Paul, Minnesota 55105-3392  
651-227-6311 [www.hohchurch.org](http://www.hohchurch.org)



## FAITH PARTNERS 2008-2009 PROGRAMS

### Sunday, November 15

8:30 a.m. and 10 a.m. worship

Rev. Jo Campe, founder of the Twin Cities-based Recovery Church, will share his experience, strength and hope. The Recovery Church provides a spiritual community for people in search of growth, healing and recovery.

Rev. Campe received his Master's of Divinity from United Theological Seminary in 1979 and his doctorate from Princeton Theological Seminary. He has been part of the recovery community for more than 14 years.

**11 a.m. Enrichment Program: members of the Faith Partners team** will discuss the effects of addiction on family. The panel will be facilitated by Elene Loecher of Hazelden.

### Sunday, February 21

11 a.m.

**Adult Enrichment: House of Hope members Cynthia Betz and her son, James**, will share their story of family addiction and recovery. James is a member of Teen Challenge, a faith-based recovery community.

### Sunday, April 25

11 a.m.

**Adult Enrichment: Bruce Frederickson**, a retired Lutheran minister, will discuss "Work Addiction: The Pain that Others Applaud." Workaholism is popularly viewed as a "positive" addiction and perhaps – in doing so – this serious addiction is trivialized. Rev. Frederickson will discuss how self-awareness, the 12 Steps of recovery, and support from sponsors and family can help a person achieve a healthy balance in life.

[House of Hope Faith Partners Resource List](#)

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